

NCERT Solutions for Class 6 English (Poorvi)

Unit 4 - Sports And Wellness : Chapter 11 - The Winner

Let us do these activities before we read. (Page 115)

I. Look at this picture.



1. What are these children doing?
2. Where do you think they are?
3. What is the time of the day?

Ans:

1. The children are playing.
2. They are in a playground
3. It is evening.

II Discuss the given questions with your classmates and teacher. You may begin your sentences with-

I go to ...

I play with ...

The place I go to for playing ...

I like playing ...

Sometimes I come back ...

- 1. When do you go to play after school?**
- 2. Who do you play with?**
- 3. Where do you go to play in the evening?**
- 4. Which games do you like playing?**
- 5. When do you come back home?**

Ans:

1. I go to play in the evenings.
2. I play with my friends.
3. I go to the ground to play.
4. I like playing football and cricket.
5. I come back after playing for 2 hours.

Let us discuss

I Read the given lines from the poem. Write the meaning of the lines by identifying the words/expressions in them

S.No.	Lines from the poem	Meaning
1.	next to the creek Clue: a small body of water.	
2.	I can't even catch my breath Clue: the child has been running.	

3.	When blue dark turns to black Clue: the colour of the sky changes from blue to black. What does it mean?	
4.	trees creep close Clue: it is evening time. Why do you think the trees seem close?	

Ans:

S.No.	Lines from the poem	Meaning
1.	next to the creek Clue: a small body of water.	The children are playing near a small body of water
2.	I can't even catch my breath Clue: the child has been running.	The child is so tired that he cannot breathe as easily and is tired from the running
3.	When blue dark turns to black Clue: the colour of the sky changes from blue to black. What does it mean?	This line describes the change in time of the day and thus the sky as it turns from day to night
4.	trees creep close Clue: it is evening time. Why do you think the trees seem close?	Trees seem close due to the nighttime and the dark shadows along with the low light

II Read the poem. Complete the following based on the poem.

The children play _____ in the _____ neighbour's _____. They run so _____ that they run out of breath. They continue to play till the evening when the blue sky turns _____, and the trees are not clearly visible. They can feel their feet _____, now that it is cold. Finally, they stop _____ and go home as it is night.

Ans:

The children play ball in the evening neighbour's field. They run so fast that they run out of breath. They continue to play till the evening when the blue sky turns black, and the trees are not clearly visible. They can feel their feet ache, now that it is cold. Finally, they stop playing and go home as it is night.

Let us Think and Reflect

I. Read the given lines and answer the questions that follow.

1. We run so fast

I can't even catch my breath.

(i) Complete the sentence given below with the correct option.

The speaker needs to catch her breath because _____.

- A. everyone decides to walk
- B. all the friends wish to go home
- C. running fast results in being breathless
- D. they need to do breathing exercises

Ans: running fast results in being breathless

(ii) Is the speaker alone? Why do you say so?

Ans: The speaker is not alone as they have used the term 'We', which refers to more than one person.

(iii) What does the pattern in the lines tell us?

Ans: The lines convey a sense of urgency or excitement. The repeated action ("We run so fast") highlights the speed and intensity of their movement.

2. When blue dark turns to black,

cold grass aches our feet,

trees creep close-

game's over.

Night wins!

(i) Give one reason why the grass is cold.

Ans: The grass is cold as it is nighttime and the temperature of the environment is comparatively low.

(ii) Complete the sentence suitably.

The children's feet are aching because _____.

Ans: The children's feet are aching because they have been running and playing barefoot on the cold grass.

(iii) Why does 'Night' win

Night wins because the .

A. time for play has ended

B. children are tired

C. time to play at home begins

D. night follows day

Ans: time for play has ended

Let Us Learn

1. Read the information given in the table and see what the poet has done in the poem 'The Winner'.

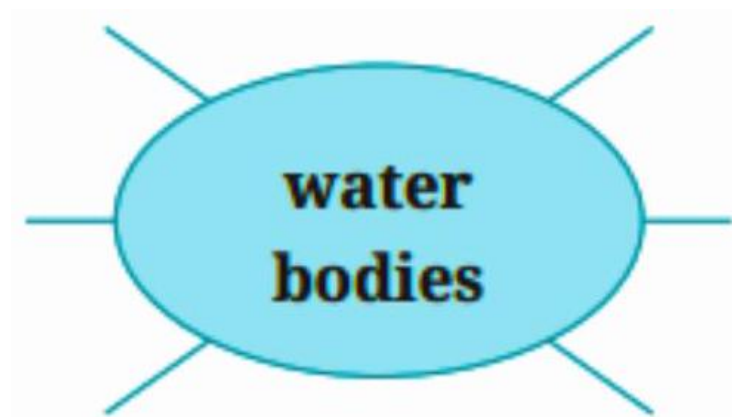
Lines from the poem	What the poet has done	Other examples
I can't even catch my breath	This tells us that the children are really out of breath. The	The leaves are falling, falling, falling.

	pattern is used to highlight them being out of breath.	
Night wins!	The poet has used human qualities for inanimate things. Here, night has been shown as winning. This is called personification .	The sun played hide-and-seek with the clouds.

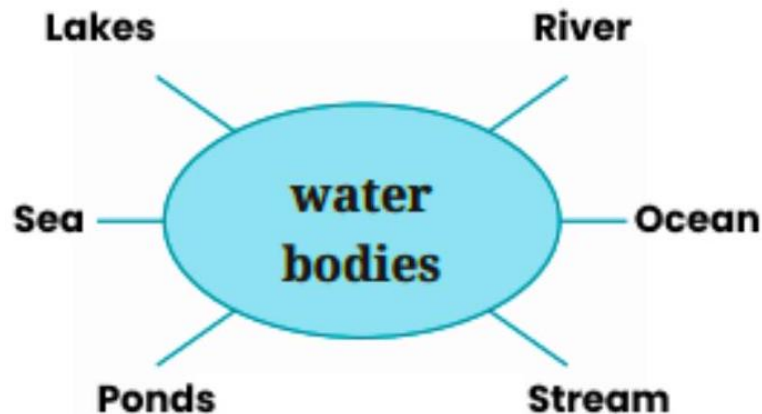
Now, try to write some examples of your own for both. Use your imagination when creating these examples.

Ans. Do it yourself

II. The poet has talked about a creek in the poem. You now know that creek is a water body. Complete the word web given below by writing which other water bodies you can think of. Discuss with your teacher.



Ans:



Let Us Listen (Pg 119)

Listen to the riddles and write which sport is being referred to in the table below.

Riddle	1	2	3	4
Sport				

Riddle 1:

Run and pass, run and pass
Kick a black and white ball
Kick it straight into the goal
Watch for mud-don't fall
What sport am I?

Riddle 2:

Hold your breath, say Hu-tu-tu, till you touch one or two.
Take care to keep a distance wide
As you run back to your team's side.
Which sport am I?

Riddle 3:

In the water, hold your breath,
The water is very cool,
Arms turn, legs kick
In the blue pool. Which sport am I?

Riddle 4:

Breathe in, breathe out!
Practice every day just right,
You will be healthy and fit
Get energy and grow in might.
What am I?

Ans:

Riddle	1	2	3	4
Sport	Football	Kabaddi	Swimming	Yoga